

# 2010 Rockdale Youth Soccer Association

## Junior Developmental Academy



After a successful Spring edition, the 2010 Fall Junior Developmental Academy is back!!!!

This program is designed and will be administered by our Academy Director, Fields Brown, and will be assisted by current RYSA Select Staff Coaches. We have modified our Junior Academy program to include more small-sided playing, to provide a competitive, yet progressive atmosphere.

The idea behind the Developmental Academy is to identify and allow future Academy players to be placed in an environment where they are exposed to the Academy format at an earlier age. We want to find those players who love the game, are excelling at an early age, and fast-track these players into the Academy environment.

For those who are not familiar with the Academy Program, it is one that is focusing on developing the basic techniques and skills needed in the game of soccer. Majority of the time is spent with one player and one ball, allowing maximum touches and time on the soccer ball. It is an environment that is centered around player development, and focuses on getting each player comfortable and confident with the soccer ball; in all facets of the game.

The tentative dates will be October 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup>, November 5<sup>th</sup>, 12<sup>th</sup>, and 19<sup>th</sup>. These Friday training sessions will be from 5:30-6:30 pm. In this hour we will spend 30 minutes on basic technical skill development, while incorporating a fun, and competitive environment that is productive for the age level we are targeting. The last 30 minutes will see small-sided games, which will allow a more competitive environment for the Academy players than their current Recreational games.

There will be a \$65 fee that will cover the 6 training dates, as well as, include a Junior Developmental Academy t-shirt. If you have any questions, please do not hesitate to get in touch with Fields Brown, our Academy Director. His email is [fields@rysa.net](mailto:fields@rysa.net) and his phone number is 770.388.9259.