

# Rockdale Youth Soccer Association

## Adult Coed Competitive Indoor Rules

Revised 9/12/17

### Players

All players must be at least 18 years old to play in the Competitive League. Form of identification with birth date on it will be used to validate age.

Roster with pictures are required. Rosters will be frozen the second week of games and must be turned in.

Liability waivers must be signed by each rostered player and turned in with the roster.

There must be a minimum of two females on the field at all times. If a team does not have two females to play, they will have to play down a player, unless the two teams agree to play differently.

No one that is not currently registered with RYSA Adult League may play with a team in a match. If this happens the match will be forfeited and may face disciplinary action from the league and D&P committee.

Female players registered with any competitive team may be picked up to play with another team at anytime in the season including the tournament. Female player being picked up must be registered with a team currently registered in the Adult Competitive League.

### Substitutions

Substitution is free and may be done while play is in progress, including goalkeepers. All players must enter and leave the field through their own team gates. Jumping over the wall will result in a two minute penalty. The exiting player must be within the dash line and two steps from the gate before the entering player may come on to the field. The gate must remain closed except when substitution occurs. **An unattended open gate while game is in progress is a two minute penalty.**

### Equipment

All players must wear shin guards and turf or tennis shoes. **NO CLEATS ALLOWED.**

### **Rules of Play**

- A match will consist of two 25 minute halves. Except for group rounds in tournament. They may be one 25 minute half.
- When a team hits the ball into the top net between the two red lines by one team, the opposing team will take a free kick from a point straight down from where the ball hit.
- When a team hits the ball into the side net above the glass or pink line, the opposing team will take a free kick from the white dashed line at the point the ball hit the net.
- When a team hits the ball into the net above the goals, it will result in a goal kick or corner kick.
- A ball kicked or thrown over three lines by **any player** without the ball touching a player or the field between the red lines will result in a free kick for the opposing team from the red line closest to the player at fault.

- Goals scored by male players count one point. **Goals scored by female players count two points.**
- Slide tackles are **NOT** allowed by field players and will result in a two minute penalty. Goalkeepers are allowed to slide in their box when making a save.

## Penalties

- Team Time Penalties – Blue Card – **Result is a two minute penalty to be served by any player on the team. Violations of this type are listed below**
  - **Illegal substitutions**
  - **Leaving the player box to join a confrontation with players or referees on the field.**
  - **Dissent with regards to calls or decisions made by the referee**
  - **Physical or verbal abuse of referees or players on the field from players in the player box when no specific offender is unidentified.**
  - **Unsporting behavior which, in the referee’s discretion, does not warrant another type of penalty.**
  - **Sixth foul accumulated by a team in one half.**
- Other Offenses – Blue Card – **to be served by player at fault. Goalkeepers serve their own penalty.**
  - **Deliberate hand ball by a field player or goalkeeper outside their box.**
  - **Goalkeeper endangerment**
  - **Unintentional boarding or driving of a player into the boards.**
  - **Persistent fouls by a player – 4 fouls in one half. Two minute penalty after the fourth and then every subsequent foul in the half. Each half will start a new count.**
  - **Use of foul language. Subsequent offenses will result in ejection.**
  - **Visible or verbal dissent**
  - **Foul committed by a player in their own penalty area. A shoot out will be given as well.**
- Cautionable Offenses – Yellow Card
  - **Reckless fouls**
  - **Taunting which is intended to embarrass, ridicule, or demean others.**
  - **Unsporting behavior by any non-player on the player side of the field.**
  - **Provoking altercation, making physical contact with a player (e.g. pushing or poking) short of fighting or using the ball in so doing.**
  - **Intentionally driving a player into the boards.**
- Ejectionable Offenses – Red Card
  - **Third blue card, second yellow card, or third overall card**
  - **Vicious slide tackling**
  - **Violent conduct or serious foul play**
  - **Leaving team box or penalty box to engage in a confrontation with the opposition or game official.**
  - **Extreme unsporting behavior, committing particularly despicable behavior including spitting at another player, persistent use of extremely abusive language, or bodily contact with a game official in dissent.**

**Blue Card Offenses** result in a two minute penalty. Player serving penalty may re-enter the field after the expiration of two minutes or a goal scored by the opposing team, whichever occurs first.

**Yellow Card Offenses** result in a two minute penalty to be served in its entirety. The player serving the penalty must wait until the next stoppage of play after the expiration of the two minutes before reentering the field.

**Red Card Offenses** result in the offending player being **ejected from the game and another player on the team on the field serving a five minute penalty in the box.** The player serving the penalty must wait until the next stoppage of play after the expiration of the five minutes before reentering the field. Offending team will finish the game with a player down.

### **Penalty Kick vs. Kick from the Arch**

Any foul committed inside the goal box that would be awarded a direct kick according to the FIFA laws of the games shall result in a penalty kick. Any foul committed inside the goal box that would be awarded an indirect kick according to the FIFA laws of the game shall result in a kick from the top of the arch and defending team shall be allowed to form a wall. Each shall require a second whistle to restart.

### **Ejection**

A player ejected from a game will automatically sit out the next game unless the ejection is for violent conduct. In the case of violent conduct, the player will sit out a minimum of the next two games. A RYSA Disciplinary & Protest committee hearing will be held and depending on circumstances leading to ejection, could result in suspension for the remainder of the season.

A player that is required to “sit out” a game may not play in any division until they have served the game suspension with the team they were playing with when they received the suspension.

Disciplinary action may be taken against a team for misconduct by their fans.

### **Tournaments**

Teams may only play with their rostered players, except in the case where they may need female players.

### **Overtime/Tiebreak Rules**

#### **Tiebreakers**

In the event two teams have an equal number of points, the following tiebreaker rules apply:

- **Head to Head competition**
- **Goal differential**
- **Most goals scored**
- **Fewest goals allowed**
- **Coin Toss**

#### **Semi-Final or Final Tiebreakers**

If tied and the end of regulation, the following penalty kick procedure should be followed:

- **Each team picks three players**
- **All other players behind half field line**

- **One on one with keeper from red line. Keeper can come off line once the whistle blows**
- **Five seconds to take the shot. The shot must be off player's foot by the count of five. (Five seconds to be counted by referee, placed on stop watch, or placed on clock with buzzer to sound the end of five seconds)**

If tied after three players, then each team goes to one player at a time in sudden death. Continue until one team has more goals than the other (both teams must have equal scoring chances)

### **Goalkeepers**

- Must be on the field at all times
- May **NOT** dribble the ball into their box and then pick it up with their hands.
- May use his hands on a ball received from a head of a teammate.
- Must put the ball in play within five seconds unless dribbled out of the box which then must be played in ten seconds.
- May take unlimited steps inside the box

All fouls by the keeper inside the box are taken from the center of the arc outside the box, except in the case of a shoot-out. An intentional handball outside the box by the goalkeeper is an automatic two minute penalty. Keeper must serve his own penalty.

**All decisions by RYSA management are final and their interpretations of all rules are official!**