

MODIFIED PLAYING RULES FOR RYSA REC. U-10

Number of Players:

The maximum number of players for U-10 is 6. 5 field players & 1 goalkeeper.

Field Dimensions:

Field size will be 50 X 40

Goals:

The goal size will be 6 H X 12 W.

Ball size:

Ball size will be 4.

Duration of play:

The game will consist of 2 15 minute quarters per half. Subs will only be allowed on the quarters or in case of injury. Opposing team can also sub during an injury.

Goal Keeper:

A player **MUST** play as much time in the field as they played in goal.